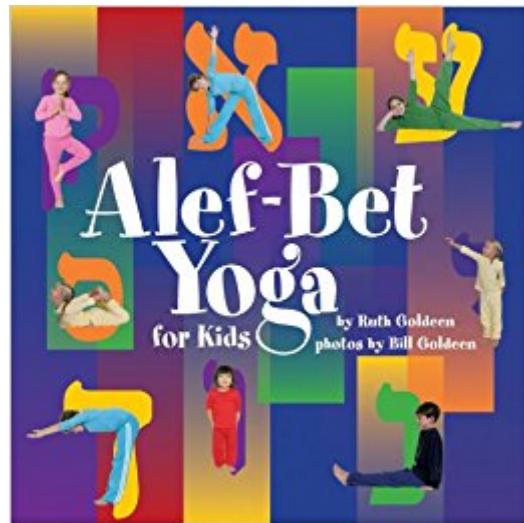


The book was found

# Alef-Bet Yoga For Kids



## Synopsis

Learn the Hebrew alphabet through yoga! Using traditional and modified yoga poses, kids can create the letters and also benefit from the stretching and strengthening offered by each pose.

## Book Information

Paperback: 30 pages

Publisher: Kar-Ben Publishing (February 1, 2009)

Language: English

ISBN-10: 076134506X

ISBN-13: 978-0761345060

Product Dimensions: 8.4 x 0.2 x 8.7 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 15 customer reviews

Best Sellers Rank: #94,718 in Books (See Top 100 in Books) #19 in Books > Children's Books > Literature & Fiction > Religious Fiction > Jewish #669 in Books > Children's Books > Religions

Age Range: 5 - 8 years

Grade Level: Kindergarten - 3

## Customer Reviews

PreSchool-Grade 1 "Sneaking into Josh's backpack, the curious spider in this long-running series experiences his first day at his Jewish school. He hears the story of Noah's Ark, learns about being kind to animals, and observes the children painting, building with blocks, and enjoying a snack. When the youngsters return to the classroom after playing outside, Sammy is discovered. Their first instinct is to step on him, but Josh reminds them about their obligation to be kind to all creatures. This book is a departure from the previous "Sammy" titles in that Josh Shapiro actually sees the spider in this one. The bright cut-paper illustrations help to depict a typical school day. A welcome addition where the earlier titles are popular." Rachel Kamin, North Suburban Synagogue Beth El, Highland Park, IL Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Amazing thank you very helpful! Highly recommended!Renee (Rivki) SilverbergAuthor of Understanding Children and Families with Autism Spectrum Disorders  
[http://www..com/Understanding-Children-Families-Spectrum-Disorders/dp/1622127269/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1418769206&sr=1-1&keywords=understanding+children+and+fa](http://www..com/Understanding-Children-Families-Spectrum-Disorders/dp/1622127269/ref=sr_1_1?s=books&ie=UTF8&qid=1418769206&sr=1-1&keywords=understanding+children+and+fa)

milies+with+autism+spectrum+disorders

My sister in law is a Yoga instructor so I bought this book for her 5 year old twins. It is very colorful and easy to follow. There is a pose for each letter of the Hebrew Alphabet. Way cool!

Can't recommend this enough. Taught it this past year at my preschool to 15 3 year olds and they loved it. Great for cross curriculum working physical education with Jewish studies and literacy.

This is a lot of fun. It really engages the children. They always want to do their Alef Bais Yoga.

Although I love the poses, I have had this book for a little over a week and it has completely fallen apart!! I was hoping to buy it for my children's school, but feel like it will be a waste of money!

This book fell apart the same day we started using it; the pages just fell out! I was really looking forward to stretching with our little ones and never had a chance. Booooo!

Cute

good book

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Yoga) (Spanish Edition) Ultimate Hip Opening Yoga Guide: Exercises for Tight Hips & Hip Pain: 4-Week Yoga Guide w/ Videos (Beginner Yoga Guides Book 1) Yoga: A Man's Guide: The 30 Most Powerful Yoga Poses to Sharpen Your Mind and Strengthen Your Body (Just 10 Minutes a Day!, Yoga Mastery Series) Yoga: The Top 100 Best Yoga Poses: Relieve Stress, Increase Flexibility, and Gain Strength (Yoga Postures Poses Exercises Techniques and Guide For Healing Stretching Strengthening and Stress Relief) Easy YOGA GUIDE for beginners: Simple 46 Hatha Yoga Poses for Body and Mind (Yoga for Beginners Book 1) Shadow Yoga, Chaya Yoga: The Principles of Hatha Yoga Glimpses of Raja Yoga: An Introduction to Patanjali's Yoga Sutras (Yoga Wisdom Classics) Yoga Sastra: The Yoga Sutras of Patanjali Examined; With a Notice of Swami Vivekananda's Yoga Philosophy (Classic Reprint) Bjl: The ALEF to Tav Activity Book Go Go Yoga for Kids: A Complete Guide to Yoga with Kids

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